

Vanilla Absolute, Vanilla CO2 Extract and Vanilla Oleoresin

There is no such thing as vanilla essential oil. Avoid purchasing any vanilla aromatic that is labeled as "Vanilla Essential Oil" because the seller either is being intentionally deceptive or is not knowledgeable enough to realize that what he/she is selling cannot possibly be legitimately referred to as an essential oil.

Botanical Name

Vanilla planifolia

Strength of Initial Aroma

Strong

Aromatic Description

Rich warm sweet aroma

Blends Well With

Citrus, mint, woody, floral and spicy aromas

Vanilla Absolute Uses

- Spiritually and emotionally comforting, calming and relaxing
- Antioxidant properties excellent for a skin & hair care regimen
- Stress-Induced Conditions

- Nervous Anxiety
- Nervousness
- Insomnia And Restlessness
- Unexplained Painful Limbs
- Nervous Stomach
- Nausea
- Inability To Relax
- Aphrodisiac

Source: www.aromaweb.com Vanilla Monograph, www.healthline.com

Vanilla Absolute Safety Information

Tisserand and Young do not indicate any special precautions when using Vanilla Absolute. Reading Tisserand and Young's full profile is recommended. [Robert Tisserand and Rodney Young, Essential Oil Safety (Second Edition. United Kingdom: Churchill Livingstone Elsevier, 2014), 462-463.]

As cited per www.aromaweb.com Vanilla Monograph

As with all things, always proceed with extreme caution especially if pregnant, using with children or the elderly or if you have any underlying medical conditions speak with a medical or aromatherapy professional prior to use.

The information herein is a short generalized information document and is intended for educational purposes only. The data is not necessarily complete and although we do our best to research our ingredients it is not guaranteed to be fully accurate.

kid friendly