

Vetiver Essential Oil

Botanical Name

Vetiveria zizanioides

Strength of Initial Aroma

Mild

Aromatic Description

Rich smoky earthy aroma

Blends Well With

Most other oils

Vetiver Essential Oil Uses

- Perfumery/Fragrancing
- Fixative
- Spiritually, emotionally and physically relaxing and grounding
- Calming, promotes meditation and sleep
- Stress
- Antiseptic
- Antispasmodic
- Evens skin tone
- Balances oily skin
- Reduces appearance of scars, stretch marks and blemishes

Kid friendly

- Improves circulation helping soothe muscle and joint stiffness, aches and pains
- Arthritis or rheumatism
- Supports reproductive health
- Natural insect repellent

Sources: www.perfectpotion.com.au Salvatore Battaglia 2018 Vetiver EO Monograph

Vetiver Essential Oil Safety Information

*Vetiver oil is non-toxic, non-irritating and non-sensitising.*²²

As cited per www.perfectpotion.com.au Salvatore Battaglia 2018 Vetiver EO Monograph

As with all things, always proceed with extreme caution especially if pregnant, using with children or the elderly or if you have any underlying medical conditions speak with a medical or aromatherapy professional prior to use.

The information herein is a short generalized information document and is intended for educational purposes only. The data is not necessarily complete and although we do our best to research our ingredients it is not guaranteed to be fully accurate.