Clove Bud Essential Oil

Botanical Name

Syzygium aromaticum / Eugenia caryophyllata

Strength of Initial Aroma

Strong

Aromatic Description

Spicy, warming slightly bitter woody aroma.

Blends Well With

Woody, Citrus, Resinous, Sweet Herbal and Other Spicy Oils

Clove Essential Oil Uses

- Cognitive support and brain health.
- Pain Relief
- Bacterial Infection
- Fungal Infection
- Viral Skin Infection
- Warts
- Verrucas
- Toothache
- Gum Disease
- Muscle Pain

- Rheumatism
- Flu
- Bronchitis
- Tired Limbs
- Nausea
- Flatulence
- Stomach Cramp
- Abdominal Spasm
- Parasitic
- Infection
- Scabies
- Ringworm

Sources: <u>www.aromaweb.com</u> Clove Bud EO Monograph

Clove Bud Essential Oil Safety Information

Tisserand and Young indicate that when using Clove Bud Oil, there is moderate risk for mucous membrane irritation, may inhibit blood clotting and pose a drug interaction hazard. It may cause embryotoxicity. There is a moderate risk of skin sensitization, and Tisserand and Young recommend a dermal maximum of 0.5%. They advise not to use topically on children age 2 or younger. Reading Tisserand and Young's full profile is recommended. [Robert Tisserand and Rodney Young, Essential Oil Safety (Second Edition. United Kingdom: Churchill Livingstone Elsevier, 2014), 255.]

This essential oil poses a higher risk of causing irritation and sensitization when used in the bath. Avoid using it in the bath, even if it is solubilized/diluted.

As cited per www.aromaweb.com Clove Bud EO Monograph

As with all things, always proceed with extreme caution especially if pregnant, using with children or the elderly or if you have any underlying medical conditions speak with a medical or aromatherapy professional prior to use.

The information herein is a short generalized information document and is intended for educational purposes only. The data is not necessarily complete and although we do our best to research our ingredients it is not guaranteed to be fully accurate.