# Rosewood Essential Oil

#### **Botanical Name**

Aniba rosaeodora

#### Strength of Initial Aroma

Medium

### Aromatic Description

Mild spicy sweet woody floral with a slight fruity undertone

## Blends Well With Citrus, Spice, Herbaceous, Floral and other Woody Aromas Rosewood Essential Oil Uses

- Antibacterial, anti-fungal and anti-viral
- Bronchial Infection
- Tonsillitis
- Cough
- Stress Headache
- Convalescence
- Acne
- Eczema
- Psoriasis

- Scarring
- Natural Deodorant
- Insect Bites
- Stings
- Nervousness
- Depression
- Anxiety
- Stress
- Minor pain and inflammation

Eases muscle spasms
Sources: <u>www.aromaweb.com</u> Rosewood EO monograph, <u>www.healthline.com</u>
Rosewood Essential Oil Safety Information

Tisserand and Young do not indicate any special precautions when using Rosewood Oil. However, they precaution to avoid use of the oil if it has oxidized. Reading Tisserand and Young's full profile is recommended. [Robert Tisserand and Rodney Young, Essential Oil Safety (Second Edition. United Kingdom: Churchill Livingstone Elsevier, 2014), 410.]

Not safe for ages 12 and under or while pregnant or nursing.

*As cited per* <u>www.aromaweb.com</u> Bergamot EO Monograph Other source: <u>www.healthline.com</u> As with all things, always proceed with extreme caution especially if pregnant, using with children or the elderly or if you have any underlying medical conditions speak with a medical or aromatherapy professional prior to use.

The information herein is a short generalized information document and is intended for educational purposes only. The data is not necessarily complete and although we do our best to research our ingredients it is not guaranteed to be fully accurate.

