

Sandalwood Essential Oil

Botanical Name

Santalum austrocaledonicum

Strength of Initial Aroma

Medium

Aromatic Description

Exotic soft woody aroma

Blends Well With

Floral, citrus, resinous and other woody aromas

Sandalwood Essential Oil Uses

- Perfumery/Fragrancing
- Spiritually grounding
- Calming influence on the mind and emotions
- Bronchitis
- Moisturizes dry chapped or cracked skin
- Boosts the immune system
- Relieves respiratory issues
- Relaxes nerves and muscle spasms, cramping and tension
- Depression

Kid friendly over 12

- Dry Skin
- Laryngitis
- Leucorrhea
- Oily Skin
- Scars
- Sensitive Skin
- Stress
- Stretch Marks

Sources: www.aromaweb.com Sandalwood EO Monograph, www.healthline.com

Sandalwood Essential Oil Safety Information

Tisserand and Young indicate that although rare, Sandalwood Oil has the potential to cause adverse skin reactions. They recommend a dermal maximum of 2%. Reading Tisserand and Young's full profile is recommended. [Robert Tisserand and Rodney Young, Essential Oil Safety (Second Edition. United Kingdom: Churchill Livingstone Elsevier, 2014), 418-419.]

Not safe for use for 12 and under or while pregnant or nursing.

As cited per www.aromaweb.com Sandalwood EO Monograph

Other sources: www.healthline.com

As with all things, always proceed with extreme caution especially if pregnant, using with children or the elderly or if you have any underlying medical conditions speak with a medical or aromatherapy professional prior to use.

The information herein is a short generalized information document and is intended for educational purposes only. The data is not necessarily complete and although we do our best to research our ingredients it is not guaranteed to be fully accurate.

kid friendly over 12