Eaglewood Essential Oil

Botanical Name

Aetoxylon sympetalum

Strength of Initial Aroma

Strong

Aromatic Description

Warm rich amber woodsy aroma

Blends Well With

Other woodsy aromatics, herbaceous and resinous oils

Eaglewood Essential Oil Uses

- Perfumery/Fragrancing
- Relaxing/Calming
- Stress
- Anxiety
- Mental Clarity
- Analgesic
- Anti-bacterial
- Anti-convulsant—reduces frequency and intensity of epileptic seizures for some people
- Anti-inflammatory

- Anti-microbial
- Bronchodilator—opens breathing passages to ease breathing with conditions such as asthma and bronchitis
- Laxative
- Stomachic
- Tonic-digestive, urinary
- Hypotensive—recently found to have properties of lowering blood sugar, when taken in micro doses internally over several months

Sources: www.whitesagelanding.net Eaglewood Essential Oil

Eaglewood Essential Oil Safety Information

Generally recognized as safe.

Sources: <u>www.whitesagelanding.net</u> Eaglewood Essential Oil

As with all things, always proceed with extreme caution especially if pregnant, using with children or the elderly or if you have any underlying medical conditions speak with a medical or aromatherapy professional prior to use.

The information herein is a short generalized information document and is intended for educational purposes only. The data is not necessarily complete and although we do our best to research our ingredients it is not guaranteed to be fully accurate.